

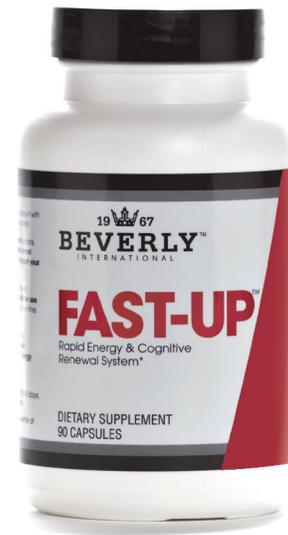
Fast-Up is an ultra-premium nutraceutical technology used to quickly clear away short-term fatigue and replace it with smooth, precise energy and focus.

**NOW THERE'S A FAST, EFFECTIVE SOLUTION FOR "SLOWDOWNS" WITHOUT THE SIDE EFFECTS OF THOSE OTHER "ENERGY" PRODUCTS!**

**We all experience "slowdowns", a.k.a. physical and/or mental fatigue, at various times of the day:**

- Before working out
- Upon awakening in the morning (Mondays can be the worst)
- Mid-afternoon (the mid-day slump)
- Studying
- Working on an important project at work

By definition, slowdowns reduce your productivity. In practical terms, they're also annoying. We developed FAST-UP to provide a fast, safe and effective solution for these slowdowns caused by short-term fatigue.



**Rapid Energy & Cognitive Renewal System**

**TODAY'S "ENERGY" PRODUCTS MAY NOT BE THE BEST SOLUTION!**

Store shelves and checkout counters are littered with them: "Energy" drinks, shots, tablets, capsules, gum and more. All are used by consumers in an effort to fight fatigue. Yet all too often these products end up fighting with your body in one or more ways:

1. Overstimulation: Many of today's "energy" products stimulate you in an excessive manner that produces anxiety, stomach upset and can otherwise leave you feeling less comfortable and productive than you were before.
2. Crashing: Overstimulation leads, a few hours later, to a drop in mood and energy that makes you wish you'd never taken the product in the first place.
3. Potentially harmful ingredients: Most energy products are driven by stimulants, some of them potentially harmful and even of questionable legality. An example of the latter is 1,3-dimethylamylamine (1,3-DMAA), sometimes disguised in the form of "Geranium extract". Read product labels carefully.
4. "The Energy Illusion": Stimulants act on the central nervous system. They essentially jolt it into creating a false sense of "energy". When the nervous system is overstimulated, you experience the "tweaked out" or "jittery" sensation so often complained of by users of typical energy products.

**FAST-UP DELIVERS**

FAST-UP acts quickly. In less than 25 minutes, users report that they suddenly no longer feel fatigued. They are renewed by a smooth, precise energy, sharper focus, and even an enhanced sense of well-being. They experience all of this without the jitters or stomach upset produced by other products.

**FAST-UP MAY BE THE MOST FLEXIBLE FATIGUE-FIGHTER AVAILABLE!**

**WHAT MAKES FAST-UP SO FLEXIBLE? TWO THINGS:**

1. It isn't loaded with stimulants. Quite the contrary, one capsule of FAST-UP contains less caffeine than you'd find in a cup of coffee.
2. FAST-UP contains nutraceutical ingredients that work with your body's own energy-producing pathways rather than jolting your nervous system into creating the illusion of energy.

This means that you can easily scale up or down your dosage (e.g. take 1, 2 or 3 capsules) of FAST-UP depending upon the time of day and your intended application.

**WWW.BEVERLYINTERNATIONAL.COM – 800-781-3475 – BEVNUT@BEVERLYINTERNATIONAL.NET**

100% Money-Back Guarantee. If you're not satisfied after using FAST-UP for 60 days, we'll cheerfully refund your money. No questions asked!

## FAST-UP FORMULA HIGHLIGHTS

### NADH (reduced nicotinamide adenine dinucleotide):

- NADH plays an important role as a co-factor in the body's energy-producing pathways.
- It may also be involved in the regulation of blood and oxygen delivery to the brain, muscle and other tissues.

### CoQ10 (coenzyme Q10):

- CoQ10 plays a critical role in mitochondrial energy production.
- Because it is an antioxidant, CoQ10 may assist not only with energy production, but also protecting the body from the deleterious effects of free radicals, including aging itself.
- Japanese researchers have reported that CoQ10 supplementation also helps reduce fatigue and improve physical performance.

### Camellia sinensis (Green Tea) Leaf Extract:

- A natural source of antioxidant polyphenols, caffeine, theanine and other compounds. They are believed to act in symphony to help clear away fatigue and replace it with smooth, precise energy and sharp focus.

### Citrulline Malate

- Citrulline is a precursor to nitric oxide, an important regulator of blood vessel tone. When nitric oxide levels increase, vessels relax, making it easier for blood to flow through them.
- Malate is a key component of the Krebs Cycle, a critical biochemical pathway that works in tandem with mitochondrial pathways to produce energy.
- Citrulline malate has been used to support healthy nitric oxide levels and overall cardiovascular function. In larger doses it may improve resistance exercise performance and reduce post-exercise muscle soreness.

### Niacinamide, Pyridoxine (vitamin B6), Folic acid and Vitamin B12:

- All four of these B vitamins play essential roles in maintaining brain chemistry and regulating mood, energy and cognitive performance.

## HOW SHOULD I USE FAST-UP?

- **Beginners and caffeine sensitive individuals:**
  - Start by taking 1 capsule. Depending on your tolerance, you may eventually work up to 2 capsules.
- **Intermediate or advanced individuals, or pre-workout:**
  - Take 2-3 capsules, depending on tolerance.
- **Adjust your dosage of FAST-UP (from 1-3 capsules) as needed depending upon your tolerance and intended application.**
- **Avoid taking FAST-UP within 3 hours of bedtime. Do not take more than 6 capsules of FAST-UP in 24 hours.**

## Supplement Facts

Serving Size: 3 capsules Servings Per Container: 30

	Amount Per Serving	%DV
<b>Vitamin B6</b> (as pyridoxine HCl)	50 mg	2500%
<b>Vitamin B3</b> (as niacinamide)	40 mg	200%
<b>Vitamin B12</b> (as cyanocobalamin)	500 mcg	8333%
<b>Folic acid</b>	400 mcg	100%
<b>Fast-Up Energy &amp; Cognitive Renewal System™*</b>	<b>2348 mg</b>	<b>**</b>
L-Citrulline DL-Malate (1:1 ratio)	2000 mg	
Caffeine	200 mg	
Coenzyme Q10	100 mg	
Camellia sinensis (Green Tea) leaf extract (90% polyphenols, 40% EGCG)	45 mg	
NADH	2.5 mg	

\*\*Daily Value (DV) not established.

**SECOND DAY USING FAST-UP!!! I LOVE THE ENERGY IT GIVES ME WITHOUT MAKING ME SHAKE!!!!**

- April Ockington, Body 4 U Personal Training

## WHICH BI PRODUCTS CAN FAST-UP BE COMBINED WITH?

For maximum results, combine FAST-UP with any of Beverly International's pre-workout formulas. FAST-UP works especially well with **Up-Lift™**, **Creatine Select™**, **Energy Reserve** and/or **Quadracarn™**.



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